



Progression for Physical Development				
	2-3 's	3-4's pre school	Entering reception	ELG
<b>Moving and handling</b>	<ul style="list-style-type: none"> <li>Beginning to explore balancing objects.</li> <li>Makes connections between the movement and marks they make.</li> <li>Runs safely on whole foot.</li> <li>Demonstrates control when squatting and rising again.</li> <li>Climbs confidently using play equipment.</li> <li>Can kick a large ball.</li> <li>Turns pages in a book</li> <li>Shows controls in holding and using jugs to pour and mark making tools.</li> </ul>	<ul style="list-style-type: none"> <li>Can catch a large ball</li> <li>Draws lines and circles using gross movements.</li> <li>Uses one handed tools with increasing control (scissors)</li> <li>Holds fingers using 2 finger 1 thumb with increasing control.</li> <li>Can copy letters from their name,</li> <li>Experiments with different ways of moving.</li> </ul>	<ul style="list-style-type: none"> <li>Jumps off an object and lands appropriately</li> <li>Adjust speed or direction to avoid obstacles</li> <li>Travels with skills and confidence on balancing and climbing equipment</li> <li>Shows increasing control when kicking patting, throwing etc,</li> <li>Uses simple tools to change materials.</li> <li>Using tools with increasing control.</li> <li>Shows a dominant hand</li> <li>Begins to form a recognisable letters.</li> <li>Uses a pencil and holds it effectively to form letters that are formed mostly correctly</li> </ul>	<ul style="list-style-type: none"> <li>Children show good control and co-ordination in large and small movements.</li> <li>They move confidently and safely negotiating space.</li> <li>They use equipment and tools effectively including pencils.</li> <li>Uses a pencil and holds it effectively to form letters that are formed mostly correctly</li> <li><b>Children use hand to hold paper in position for writing</b></li> <li><b>They use the correct pencil grip.</b></li> </ul> <p><i>They are beginning to writing on lines using correct size.</i></p>
<b>Heath and self-care</b>	<ul style="list-style-type: none"> <li>Develop own likes and dislikes for food and drink</li> <li>Willing to try new food and textures.</li> <li>Communicate wet and soiled nappy</li> <li>Show some awareness of bowel or bladder urges.</li> <li>Know what a potty and toilet is used for.</li> <li>Shows an interest in dressing and undressing</li> </ul>	<ul style="list-style-type: none"> <li>Beginning to recognise danger and seek help from an adult.</li> <li>Beginning to be more independent in self help care.</li> <li>Clearly communicate need for the toilet or potty.</li> <li>Can say when they are tired or hungry.</li> <li>Observes effects of activity on their body,</li> <li>Understands that equipment needs to be used safely.</li> </ul>	<ul style="list-style-type: none"> <li>Eats a range of healthy foods.</li> <li>Usually dry and clean in the day.</li> <li>Shows some understanding of healthy choices.</li> <li>Shows an awareness of health ad safety, considers and manages some risks,</li> <li>Practises some safety measures without supervision.</li> <li>Children can dress and go to the toilet independently</li> </ul>	<ul style="list-style-type: none"> <li>Children know the importance of a healthy diet.</li> <li>Children can dress and go to the toilet independently</li> <li><b>Children begin to fasten buttons or lases</b></li> <li><b>Children know about healthy choices and makes these choices based on this knowledge.</b></li> </ul>



	<ul style="list-style-type: none"><li>• Feeds self competently with a spoon.</li><li>• Drinks well without spilling</li><li>• Becoming more aware of danger.</li><li>• Starting put hat on wellies etc</li></ul>	<ul style="list-style-type: none"><li>• Can use the toilet mostly by themselves.</li><li>• Can manage washing hands and drying hands.</li><li>• Dresses with some help and reassurance..</li></ul>		
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