



EYFS Progression of Personal, Social and Emotional Development				
	2-3 years	3-4 years	Entering EYFS	ELG
Self-confidence and Self-awareness	<ul style="list-style-type: none"> Gradually able to join in with pretend play. Growing in independence and wants to do things for themselves. Separates from main carer with support. Expresses own preferences and interests. 	<ul style="list-style-type: none"> Can select and use activities and use resources with help. Welcomes and values praise for what they have done. Enjoys responsibility of carrying out small tasks. Confident to talk to other children when playing and talk about their own home. Shows confidence in asking for help. Confident to talk about their own needs. 	<ul style="list-style-type: none"> More outgoing when meeting unfamiliar people and more confident in new situations. More confident to talk about their own interests and opinions. Can describe themselves in positive terms and talk about their abilities. They will say when they do and do not need help. 	<ul style="list-style-type: none"> Is confident to try new activities and say what they do and do not like. They are confident to talk about their own ideas in a familiar group. Children can choose the resources they need for their chosen activity. Children are confident to speak in front of the class. Children can talk about what they are good and find easy as well as things they find more difficult. They can talk about plans and ideas they have and what they might change if they repeated them.
Managing feeling and behaviour.	<ul style="list-style-type: none"> To become more aware of others feelings. 	<ul style="list-style-type: none"> Aware of their own feelings and how their actions can hurt the feelings of others. 	<ul style="list-style-type: none"> Understands that their own actions affect other people. 	<ul style="list-style-type: none"> Children are able to talk about how they and others show feelings.



	<ul style="list-style-type: none">• Develop a growing sense of determinations which may lead to anger or frustration.• To develop an understanding of boundaries with encouragement and support.• To develop the idea of sharing, knowing that some things are shared, are theirs or belong to others.• Aware that some actions will hurt others• Seeks comfort from an adult when needed.• Can begin to express their own feelings.• To begin to help or give comfort when others are distressed.• Develop some understanding of boundaries and routines.• Can begin to stop themselves doing things they should not do.• To develop the ability to distract themselves when feeling upset.	<ul style="list-style-type: none">• Begin to accept the needs of others beginning to share and take turns.• Develop understanding of waiting for something and knowing that their wishes are not always met.• Beginning to adapt behaviours to different events.•	<ul style="list-style-type: none">• They can comfort others when they are feeling sad.• Aware of boundaries and expectations.• Begin to negotiate and solve problems without aggression.• Talk about their behaviour and the behaviour of others knowing that some behaviour is unacceptable.• They are able to follow the rules.	<ul style="list-style-type: none">• They can work as part of a team adjusting their behaviour to different situations and take change in their stride.• <i>Children know different ways to manage their own feelings and use these to maintain control.</i>• <i>They listen to each other's suggestions and plan to achieve an outcome with help.</i>• <i>They can begin to stand up for themselves appropriately.</i>• <i>They can stop and think before acting and wait for things they want.</i>
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Making relationships	<ul style="list-style-type: none">• Can play alongside others.• Plays cooperatively with a familiar adult.• Develop interest in others play and begin to join in.• Seeks out others to share their experiences.• Shows affection and concern for people who are special to them.• May form a special friendship with another child.	<ul style="list-style-type: none">• Can play in a group extending play and elaborating ideas.• Initiates play with others.• Keeps play going by responding to what others are saying or doing.• Demonstrates good friendly behaviour, initiating conversations with peers and familiar adults.	<ul style="list-style-type: none">• Initiate conversation taking into account what others say.• Explain knowledge and understanding and asks appropriate questions of others.• Takes steps to resolve conflict with others.	<ul style="list-style-type: none">• Children play appropriately and take turns with others.• They take account of one another's ideas about how to organise activities.• They show sensitivity to others needs and feelings.• They form positive relationships with other adults and children.• Children play group games with rules.• <i>They understand others point of view is different from their own.</i>• <i>They resolve minor disagreements through speaking and listening to each other.</i>• <i>They understand what bullying is and that this is unacceptable.</i>
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